

# 2023 PEP Instructor Update October 7 & 8

## **Description**

This workshop supports Michigan 4-H Proud Equestrian Program Instructors in maintaining their Michigan 4-H PEP Instructor certification and PATH Intl. CRTI.

This hands-on workshop will strengthen the Michigan 4-H PEP Program by focusing on safe and impactful therapeutic horsemanship instruction that benefits riders with disabilities, volunteers, and PEP instructors.

### Who should come?

This workshop is strictly for therapeutic riding instructors and therapists working with therapeutic riding programs or MSU volunteers working towards their PATH CTRI.

All 4-H PEP instructors certified before Jan. 1, 2023, are required to have completed either the 2022 PEP Update (held October 21-23, 2022) or the upcoming Oct. 7 - 8, 2023 Update to be approved to instruct a 4-H PEP program in Michigan from Jan. 1, 2024 - Dec. 31, 2024.

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## **General Information**

Dates: October 7-8, 2023

Location: East Fork Farms 10392 N 44th St Augusta, MI 49012

269-731-4131

Lodging: Inn at Gull Lake

12500 M-89 P.O. Box 279

Richland, MI 49083

269-731-4131

### Costs

Includes sessions, meals, and lodging (shared room):

PEP Instructors or Gold Volunteers: \$200.00

Approved non-PEP instructors: \$400.00

Non MSUE Volunteers may request approval with Chris Skelly, skellych@msu.edu, 810-338-8200

Registration Deadline: October 1, 2023

Register at https://www.canr.msu.edu/outrea ch/events

#### **CANCELLATION POLICY:**

Persons who do not show up at the workshop, do not have a replacement or do not cancel by notifying Christine Skelly by Wednesday, Oct. 4, 2023, will be charged the full registration rate.



# 2023 PEP Update Schedule

## Saturday, October 7, 2023

Location: East Fork Farms, Augusta, Michigan

Sat. 10 a.m. - 12:30 p.m. SPECIAL MORNING HANDS ON SESSION

Focused on new PEP instructors and MSU Volunteers applying for PATH CTRI facilitated by Tina Bennet (all workshop

attendees are welcome, but please indicate planned attendance on the registration form)

2.5 Certification Core Requirements (CR) or 2.0 Disability Education (DE)

12:30 – 1:30 p.m. **Lunch On Your Own** 

#### 2023 PEP Instructors Update (Required for all workshop attendees)

1:30 – 2:00 p.m. Check-in: Sign the East Fork Farms waiver in the classroom 2:00 – 2:15 p.m. Welcome and Introductions: Dr. Christine Skelly, MSU Extension

2:15 – 2:45 p.m. **Icebreaker** facilitated by Tasha J. Federinko

2:45 – 4:45 p.m. Topic: The "What - How - Why?" of Therapeutic Riding Instruction for the Michigan 4-H Proud Equestrian Program

facilitated by Kim Berggren

2.0 Certification Core Requirements (CR) or 2.0 Disability Education (DE)

4:45 – 5:00 p.m. **Break** 

5:00 – 6:00 p.m. Making Showmanship Happen for Everyone facilitated by Karen Waite, Ph.D.

1.0 General Continued Education (CE) or 1.0 Disability Education (DE)

Location: Inn of Gull Lake

6 p.m. – 6:30 p.m. Move to Inn of Gull Lake and Check In

6:30 p.m. – 7:30 p.m. **Dinner: Lodge** 

7:30 p.m. – 9 p.m. **Trick or Treat: Lodge** Meet David Lindsey, the new Youth Equine Specialist at MSU, and help brainstorm ways to

involve PEP 4-Hers in more campus youth programs like Exploration Day, Hippology, and the State 4-H Horse Show.

1.0 General Continued Education (CE) or 1.0 Disability Education (DE)

9 p.m. -? Social Hour – Bonfire and Smores (weather permitting)

## Sunday, October 8, 2023

7 – 8:15 a.m. **Breakfast - Lodge** 

8:15 – 8:30 a.m. **MSU Research Update:** Facilitated by Christine Skelly, Ph.D.

8:30 – 9:15 a.m. Reducing Anxiety: Simple Techniques for Riders with Disabilities facilitated by Tasha J. Federinko

1 General Continued Education (CE) or 1 Disability Education (DE)

9:15 a.m. – 9:45 a.m. Check out and Relocate to East Fork Farms

10 a.m. – 12 p.m. Horse Evaluation and Assessment for a Therapeutic Riding Program facilitated by Kim Berggren

2.0 General Continued Education (CE) or 2 Disability Education (DE)

12 p.m. – 1 p.m. Lunch, Wrap Up and Program Evaluation



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